

## Protocol for Covid-secure Orchestra Rehearsals

### September 2<sup>nd</sup> 2020 - Updated April 2021

This protocol is intended to reduce the risk of transmission of Covid-19 at orchestra rehearsals.

Issue	Action
<b>Entrance screening and arrival</b>	
Transport	Avoid car sharing except with those in your household or bubble
Player responsibility	No member should attend if: <ul style="list-style-type: none"> <li>• Relevant symptoms (within 14 days)</li> <li>• Contact with infected people (within 14 days)</li> <li>• Positive test on lateral flow or PCR test</li> <li>• Contacted by tracing service</li> <li>• Quarantined after return from abroad</li> </ul>
Recording attendance for track and trace	Members are asked to check-in with the NHS Covid App using the QR codes posted at entrances. Otherwise, record Name, phone number, email gathered on questionnaire
Entrance	One way in through fire doors at QPS. Manage arrivals to maintain distance. Go directly to individual marked station.
<b>Environmental parameters</b>	
Pre-setting the room	Volunteers to set up chairs (hand hygiene before and after) Individual places or chairs set out in advance with labels
Size of room	QPS assembly hall volume 1108 m <sup>3</sup> Floor area ~230 m <sup>2</sup> Theoretical capacity @4m <sup>2</sup> per person = 57
Ventilation	Maintain hall ventilation at all times (Air changes per hour = 7) Leave top windows and doors open during rehearsals
Breaks	At seat or in open air, own refreshments
Toilets	Cleaned before and after session (venue)
Duration	Max 90 mins, split into 2 sessions, allow time for ventilation at break.
<b>Individual protective measures</b>	
Own equipment	Players to supply their own stand and bring any refreshments No sharing of equipment, pencils etc. Sheet music prepared by each player or quarantined for 3 days
Social distance	Players maintain a distance of 2m from each other at all times
Masks	Masks/face coverings to be worn by all when moving around. Players may remove masks when seated
Hand sanitising	Players to wash hands on arrival or use hand sanitizer provided
Conductor specific	Microphone to avoid raised voice
Instrument specific	No perceived risk for players of string instruments. Enhanced distance in front of flutes & trombones (3m)
Condensation & spit	Wind and brass to bring plastic bag or box with absorbent material (tissues/kitchen towel) to absorb spit and dispose hygienically. Check floors and clean as required at end of session.

Framework adapted from Spahn & Richter [Freiburg University risk assessment](#) and Making Music 'Guidance for music-specific risk minimisation' (available to members on request)

**After the event**

Exit	Exit through fire doors maintaining distance
Equipment	All participants to remove their own equipment. Chairs to be stacked and put away – quarantined for 72 hrs min or cleaned. Hand hygiene for chair stackers.
Decontamination	Alcohol wipes applied to touch points, switches, door handles etc
Venue	Cleaning required: toilets