

## Protocol for Covid-secure Orchestra Rehearsals

September 2<sup>nd</sup> 2020

This protocol is intended to reduce the risk of transmission of Covid-19 at orchestra rehearsals.

Issue	Action
<b>Entrance screening and arrival</b>	
Transport	Avoid car sharing except with those in your household or bubble
Local context	Richmond Borough incidence currently approx. 2 new cases per week. Community prevalence uncertain, estimate ~10 people.
Questionnaire	Issue pre-event questionnaire to be completed <ul style="list-style-type: none"> <li>• Symptoms/contact with potentially infected/contacted by tracing service/quarantined after return from abroad</li> <li>• Identify and exclude high risk individuals</li> </ul>
Arrival checks	Exclude anyone with positive symptoms or recent contact (14 days)
Recording attendance for track and trace	Name, phone number, email gathered on questionnaire Named individual responsible for collation Record who sat where by photograph
Entrance	One way in through fire doors at QPS. Manage arrivals to maintain distance. Go directly to individual marked station.
<b>Environmental parameters</b>	
Pre-setting the room	Volunteers to set up chairs (hand hygiene before and after) Individual places or chairs set out in advance with labels
Size of room	QPS assembly hall volume 1108 m <sup>3</sup> Floor area ~230 m <sup>2</sup> Theoretical capacity @4m <sup>2</sup> per person = 57
Ventilation	Maintain hall ventilation at all times (Air changes per hour = 7) Leave top windows open
Breaks	At seat or in open air, own refreshments
Toilets	Cleaned before and after session (venue)
Duration	Max 45 mins per session, 2 sessions, allow time for ventilation at break.
<b>Individual protective measures</b>	
Own equipment	Players to bring any refreshments and supply their own stand No sharing of equipment, pencils etc. Sheet music prepared by each player <b>or</b> quarantined for 3 days
Social distance	Players maintain a distance of 2m from each other at all times
Masks	Masks/face coverings to be worn by all when moving around. Players may remove masks when seated
Hand sanitising	Players to wash hands on arrival or use hand sanitiser
Conductor specific	Microphone to avoid raised voice
Instrument specific aspects	No perceived risk for players of string instruments. Enhanced distance in front of flutes & trombones (3m)
Condensation & spit	Wind and brass to bring plastic bag or box with absorbent material (tissues/kitchen towel ) to absorb spit and dispose hygienically. Check floors and clean as required at end of session.

Framework adapted from Spahn & Richter [Freiburg University risk assessment](#) and Making Music 'Guidance for music-specific risk minimisation' (available to members on request)

**After the event**

Exit	Exit through fire doors maintaining distance
Equipment	All participants to remove their own equipment. Chairs to be stacked and put away – quarantined for 72 hrs min or cleaned. Hand hygiene for chair stackers.
Decontamination	Alcohol wipes applied to touch points, switches, door handles etc
Venue	Cleaning required: toilets